

Paul Knox Middle School
Cheer Rules & Regulations

I. Attendance

A. Tardiness

15 minutes

2. Penalty: 2 tardies will result in 1 strike.

B. Missing a Practice -

Penalty: Failure to notify the coach will result in an unexcused absence. Two unexcused absences will result in a strike. If this is a repeated offense, discussion of possible dismissal from the squad will occur.

Penalty: Conference with coaches, cheerleader, and guardian to discuss possible dismissal from the squad.

c. Talking

ii. Penalty: Warning. If multiple occurrences, 1 strike.

d. Profanity

Penalty: Warning. If multiple occurrences, 1 strike.

4. Unacceptable Conduct

a.

2. Captains